

Slips, Trips & Falls

In spite of our extended summer-like weather, winter is coming. Along with the promise of winter sports and festive cheer there will be more ice, snow and slippery surfaces in our lives. Most of our favorite winter sports rely on controlled sliding along thin films of water on frozen surfaces. Without the control, the slide becomes a slip and the slip can lead to an accident and painful injuries.

SLIP, TRIP, AND FALL STATS

- Slips, trips & falls are one of the leading causes of injuries in the workplace at home and while at play.
- Every year, over 11,000 people are injured in slip, trip and fall accidents at BC workplaces and many more at home and play.
- Approximately 20% of workplace injuries are related to these accidents.



WE CAN PREVENT SLIPS, TRIPS, AND FALLS WITH THREE STEPS.

- 1. Identifying the hazards:** Hazardous conditions like icy patches, spilled liquids, uneven surfaces, cluttered walkways, unsecured or wobbly platforms and others.
Hazardous acts: Moving quickly on these surfaces, spilling liquids on floors, stretching cords or hoses across pathways
- 2. Assessing the risks:** What could happen? Slipping on the ice or liquid, tripping on the chord or curb falling off the wobbly deck or all three in sequence- slipped into the curb tripped over it and falling to the ground
How likely is it to happen to someone? A large patch of ice on a sloping pathway presents a high risk of causing an accident if people are using the path.
- 3. Implement effective controls**
 - Eliminate the hazard: Remove the ice with a tool or some salt.
 - Substitute the hazard: Laying some grit on the ice.
 - Use an engineered control (a physical barrier): Closing the pathway with a barricade.
 - Use an administrative control (change the way people interact with the hazard): Put up some slippery path signs, or get a message out about the icy path.
 - Use Personal Protective Equipment: Use snow grip over-shoes or boots with ice cleats

Safety is a priority at CapU! You are expected to complete tasks in a manner that doesn't put yourself, others or the environment at risk. ***Never walk past an unsafe act or condition*** and if you see something that can't be corrected right away, secure it and inform your supervisor and the safety department.