

Community Resources

Crisis Intervention and Suicide Prevention Centre of BC

The Crisis Centre is a volunteer organization committed to helping people deal with crisis.

www.crisiscentre.bc.ca/

Anywhere in BC: 1-800-SUICIDE (1-800-784-2433; available 24 hours/day)

Vancouver: 604-872-3311

Sunshine Coast/Sea to Sky: 1-866-661-3311

Mental Health Support Line: 310-6789 (no area code needed; available 24 hours/day)

Online Chat Service for Youth: www.YouthInBC.com (Noon to 1:00 am)

Online Chat Service for Adults: www.CrisisCentreChat.ca (Noon to 1:00 am)

Crime and Violence

Provides crisis support and information regarding domestic violence, abuse, sexual violence, and all other crimes.

www.victimlinkbc.ca

www.domesticviolencebc.ca/

Phone: 1-800-563-0808 (24 hours/day)

Youth Against Violence: 1-800-680-4264

Text: 604-836-6381

Email: VictimLinkBC@bc211.ca

TTY: 604-875-0885; to call collect, please call the TELUS Relay Service at 711.

Sexual Assault Service Information

Vancouver General Hospital Emergency Department

Address: 899 West 12th Ave, Vancouver, BC V5Z 1M9

Phone: 604-875-4995 (24 hours/day)

WAVAW (Women Against Violence Against Women)

Provide all women who have experienced any form of sexualized violence with support and healing, and engage with youth to develop leadership for prevention of future violence

www.wavaw.ca

Local: 604-255-6344 (24 hours/day)

Toll Free: 1-877-392-7583

Alcohol and Drug Information and Referral Service

Provides information and referral services for people who need help with substance abuse.

Lower Mainland: 604-660-9382 (24 hours/day)

Outside Metro Vancouver: 1-800-663-1441 (24 hours/day)

Problem Gambling Help Line

Provides free support and treatment services to help reduce and prevent the harmful impact of excessive or uncontrolled gambling.

www.bcresponsiblegambling.ca

Phone: 1-888-795-6111 (24 hours/day)

North Shore Crisis Services Society

Transition House and Women's 24-Hour Support Line

An 18-bed transition house that provides safety and support to women and their children fleeing abusive situations.

nscss.net/

Phone: 604-987-3374

Fax: 604-987-5396

Legal Services

Legal Aid

Provides legal information, advice, and representation services to people with low household incomes.

www.lss.bc.ca/about/contactUs.php

Phone: 1-866-577-2525

UBC Law Student Legal Advice Program

Provides free legal advice and representation to clients who would otherwise be unable to afford legal assistance.

www.lslap.bc.ca/

Phone: 604-822-5791