

Community and Campus Engagement Worksheet

Capilano University administers a number of entrance awards that support students who demonstrate engagement within their communities and schools. These awards are listed in the [Scholarships, Bursaries & Awards Guide](#) under the *Demonstrated Engagement* category.

To be considered for these awards:

- [apply](#) to CapU;
- fill out the online Entrance Awards application through your [myCapU Account](#); and,
- complete this worksheet. Ensure all of your text fits within the provided text box (625 character limit).

Submit your worksheet by email to finaid@capilanou.ca (in PDF format).

The deadline to apply for entrance awards and submit your worksheet is March 31, 2024.

Many different types of pursuits may be considered activities that demonstrate your engagement with your community and on campus. Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, volunteering, taking initiative in building a better community, etc.). Involvement in organized sports, may also provide a strong contribution to your school or community and could be included on this worksheet. Indicate the date you began (and completed, if applicable) the activity, the total number of hours involved to date, whether you were motivated to participate in the activity by a scholastic requirement or your personal interest, and your role in the activity.

Complete this worksheet electronically. Complete and sign additional pages as needed to record all of your activities.

Name/type of activity	Details about the activity, your specific role, the results of your participation, your motivation to participate, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<i>Example</i> Western Streamkeepers Society	<i>Example</i> <ul style="list-style-type: none"> • The Society helps maintain fish habitats by keeping streams clean. My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem • I chose to participate in this because I am concerned about the environment and would like to help restore our ecosystem. • The activities involved in my role are... 	<i>Example</i> 01/2021	<i>Example</i> (present)	<i>Example</i> 160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)

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Complete additional pages as needed

Applicant Declaration

I understand that this worksheet forms part of my application for 2024/2025 Entrance Awards at Capilano University. As such, the applicant statement I agreed to via the 2024/2025 online entrance award application is in effect for this Worksheet.

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