

Community and Campus Involvement Worksheet

Capilano University administers a number of awards that support students who demonstrate engagement and involvement within their communities and on campus. These awards are listed in the [Scholarships, Bursaries & Awards Guide](#) under the *Demonstrated Engagement* category.

To be considered for these awards:

- 1) Fill out the [online Scholarships, Bursaries, Awards application](#) and
 - 2) Complete this worksheet
- Many different types of pursuits may be considered involvement with your community and on campus
 - Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, working with children, working with volunteer organizations, taking initiative in building a better community, etc.). Involvement in organized sports, such as coaching or participating as part of an athletic team, may also provide a strong contribution to your school or community and could be included on this worksheet.
 - For each activity, indicate if you were motivated to participate by a scholastic requirement or your personal interest
 - **Complete this worksheet electronically and ensure all typed text fits within the provided box**

Name/type of activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<i>Example</i> Western Streamkeepers Society	<i>Example</i> <ul style="list-style-type: none"> • The Streamkeepers Society helps maintain fish habitats by keeping streams clean • My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem • I brought forward a proposal for the expansion of the society. The society endorsed and adopted my proposal, and I am leading the expansion initiatives by overseeing the activities I proposed. The activities are... 	<i>Example</i> 01/2016	<i>Example</i> (present)	<i>Example</i> 160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)

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Attach additional pages as needed

Applicant Declaration

I understand that this worksheet forms part of my application for Fall 2019 Scholarships, Bursaries, and Awards at Capilano University. As such, the applicant statement I agreed to on my Fall 2019 online award application is in effect for this Worksheet.

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