

## Community and Campus Involvement Worksheet - Soccer

The **Frank Pupp Memorial Soccer Award** supports athletes on the Blues varsity women’s soccer team who are also active in their communities in the area of soccer. Playing members of the Capilano University intercollegiate varsity women’s soccer team should complete the [online Scholarships, Bursaries, Awards application](#) and this worksheet.

- Many different types of pursuits may be considered involvement in the area of soccer in your community and on campus
- Use this worksheet to outline the relevant activities you regularly volunteer or participate in that are in the area of soccer (e.g. school clubs, tutoring, mentoring, working with children, coaching, etc.)
- For each activity, indicate if you were motivated to participate by a scholastic requirement or your personal interest
- **Complete this worksheet electronically and ensure all typed text fits within the provided box**

Name/type of activity	Details about the activity, your specific role, the results of your participation, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<p><i>Example</i></p> <p>Volunteer at the North Shore Thirty-Something Women’s Soccer League</p>	<p><i>Example</i></p> <ul style="list-style-type: none"> <li>• The League promotes fun, fitness and friendship to female soccer enthusiasts living on the North Shore through a recreational soccer league.</li> <li>• My position is as the organizer for the annual league social event, including forming the committee, choosing the type of event and venue, booking the caterer and entertainment, creating a proposed budget, organizing promotional ideas and ticket options, and hosting the event.</li> <li>• My participation is resulting in a successful league social event and I am learning...</li> </ul>	<p><i>Example</i></p> <p>01/2022</p>	<p><i>Example</i></p> <p>(present)</p>	<p><i>Example</i></p> <p>160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)</p>

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STUDENT NUMBER	CAPU STUDENT EMAIL ADDRESS
FIRST NAME	LAST NAME

Name/type of activity	Details about the activity, your specific role, the results of your participation, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	

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**Complete additional pages as needed**

**Applicant Declaration**

I understand that this worksheet forms part of my application for Spring 2025 Scholarships, Bursaries, and Awards at Capilano University. As such, the applicant statement I agreed to via my Spring 2025 online award application is in effect for this Worksheet.

\_\_\_\_\_  
 APPLICANT SIGNATURE

\_\_\_\_\_  
 DATE

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