

CAPILANO UNIVERSITY		
COURSE OUTLINE		
TERM:	SPRING 2014	COURSE NO: MT 451
INSTRUCTOR:		COURSE NAME: Music and the Creative Arts II
OFFICE:	LOCAL:	SECTION NO:
EMAIL:		COURSE CREDITS: 1.5

COURSE FORMAT: Two hours a week for 15 weeks.

COURSE PREREQUISITES: MT 450

COURSE OBJECTIVES: This course emphasizes creativity and self-expression skills and development across a range of expressive arts areas with an emphasis on verbal and nonverbal processing skills through a psychoanalytic lens. Students are expected to display competence in leadership skills, debriefing (analysis and processing) skills, self-awareness, and critical thinking. This course aims to augment clinical skills while maintaining a process-oriented focus.

LEARNING OUTCOMES: Students who successfully complete this course will display competency in and ability to:

1. Apply and translate knowledge of the value of of music therapy and creative expressions with assorted populations;
2. Demonstrate self-reflexive skills, insight, giving feedback, and critical thinking in conducting and participating in classroom discussion and experiential sessions.
3. Demonstrate verbal and nonverbal interpretation of symbols and metaphors as they apply to therapy.

REQUIRED TEXT: None.

REQUIRED READINGS: As assigned on Moodle and distributed in class.

COURSE CONTENT: Thirteen weeks of expressive, experiential, and practical approaches to augmenting music therapy and the creative arts ranging from theories of creativity, art, improvisation, mythology, relaxation techniques, and arts-based psychotherapy approaches.

Weeks	Content	Date
1	Charlie Chaplin: comedy, pain, and play	
2	Guest speaker: David Granirer & Co.: Stand up for mental health!	
3	Improvisation as autobiography 1	
4	Improvisation as autobiography 2	
5	Improvisation as autobiography 3	
6	Aretalogy	
	<i>Reading Week</i>	
7	Mandalas	
8	Introduction to the Mandala Assessment & Research Instrument	
9	Integration of mandala assessment knowledge	

Weeks	Content	Date
10	Mandala peer assessments	
11	Mandala peer assessments	
12	Scripts: Bridging the gap	
13	Scripts (continued)	
14/15	Course Review	

EVALUATION PROFILE:

1. Improvisation as autobiography.....30%
2. Creative arts & music therapy program outline30%
3. Mandala peer assessment paper.....30%
4. Participation10%
- TOTAL.....100%**

GRADING PROFILE:

A+ = 90-100%	B+ = 77-79%	C+ = 67-69%	D = 50-59%
A = 85-89%	B = 73-76%	C = 63-66%	F = 0-49%
A- = 80-84%	B- = 70-72%	C- = 60-62%	

ASSIGNMENTS:

Assignment 1: Improvisation as Autobiography

After an introduction to the subject area of autobiography and its implications for assessment and expression of the Self in music therapy, prepare a roughly 4-minute expression of your autobiography (your life story) on the piano over the next 2-3 weeks: 15%. For those not performing, you will be asked to listen for assessment areas according to lecture note areas and to offer feedback, questions, and interpretations, in response to the improvised autobiography. Actively contribute to class discussion and demonstrate your interpretive skills of non-verbal musical self-expression: 15%. **Grade: 30%**

Assignment 2: Creative arts & music therapy program outline

Creation of a process-oriented experience where you use both a music intervention and a simple creative arts intervention other than dance/movement (such as art/drawing, collage, narrative, film, comic strip, photography, storytelling, myth, biography, fairy tale, psychodrama, poetry, crafts, or propose to the instructor another method). Base it on the template provided, maximum one page single-spaced. Grade breakdown: Effectiveness of creative arts component: 15%; Effectiveness of music therapy component: 15%. **Grade: 30%**.

Assignment 3: Mandala peer assessment and analysis processing

Based on lecture materials about mandala assessment and your own knowledge and research about symbols, colour, and patterns, writes a maximum 1,000-word analysis of a peer’s mandala. Pairings will be assigned at random for the assignment. In class, process the mandala with your “peer client” to investigate potential meaning and insights. **Grade: 30%**.

OPERATIONAL DETAILS:***University Policies:***

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Cheating and Plagiarism, Academic Probation and other educational issues. These and other policies are available on the University website.

Attendance:

Attendance is an essential element for successful completion of this course. Students missing more than two classes can expect a faculty review and may receive no credit. Students who are late to class, late returning from breaks or absent from class, will have participation marks deducted, except in extenuating circumstances.

Participation:

The participation mark will reflect both attendance and involvement during class. Participation involves both the frequency and quality of the student's comments, questions, observations, and involvement, with the emphasis on quality. The quality is determined by, among other things, the relevance, insight and clarity of remarks. Preparing the required readings will support a student's ability to participate.

Late Assignments:

Marks will be deducted for the late submission of assignments. The penalty for the late submission of an assignment is .5 of a mark per day.

Incomplete Grades:

Grades of incomplete ("I") will be given only if there is an arrangement **or** a written request approved by the instructor **prior** to the last class in the course **or** the last week of class.

English Usage:

Marks will be deducted on written assignments for improper use of grammar, punctuation, spelling and syntax.

Program Continuance:

Continuance in the Music Therapy program will be contingent upon an adequate level of personal, interpersonal, academic, and clinical skills as jointly evaluated each semester by the Music Therapy faculty. Consult the Coordinator or the Student Handbook for more information.