

Student Name: \_\_\_\_\_

Student Number: \_\_\_\_\_

This guide is for **planning purposes** only. Check [myCapU Schedule](#) for current course schedule and [pre-requisites](#). Always check the [University calendar](#) for complete program requirements.

Program requirements				
Course	Course Title	Credits	Grade	Term
ENGL 100	University Writing Strategies	3.00		
HKIN 103	Active Health	3.00		
HKIN 190	Anatomy and Physiology I	3.00		
HKIN 151	Biomechanics I	3.00		
HKIN 161	Leisure and Sport in Society	3.00		
HKIN 191	Anatomy and Physiology II	3.00		
HKIN 230	Human Motor Behaviour I	3.00		
HKIN 275	Exercise Physiology	3.00		
	<i>Choose 9.00 credits from the following list: <sup>1 see notes</sup></i>	3.00		
	HKIN 241 Care and Prevention of Sports Injuries	3.00		
	HKIN 252 Contemporary Health Issues	3.00		
	University Transferable 100 or 200-level Elective	3.00		
HKIN 231	Mental Theories in Sport and Exercise	3.00		
HKIN 261	Health, Policy and Society	3.00		
HKIN 284	Human Growth and Development	3.00		
	<i>Choose 6.00 credits from the following list: <sup>2 see notes</sup></i>	3.00		
	HKIN 112 Health and Human Nutrition	3.00		
	HKIN 205 Principles of Strength and Conditioning	3.00		
	University Transferable 100 or 200-level Elective	3.00		
	<i>Choose 12.00 credits from the following list: <sup>3 see notes</sup></i>	3.00		
	Biology 100-level	3.00		
	Chemistry 100-level	3.00		
	Math 100-level	3.00		
	Physics 100-level	3.00		
<b>Total Program Credits:</b>		60.00		

<sup>1</sup> Students may select up to 9.00 credits of University Transferrable courses. Please check the BC Transfer Guide for course transferability.

<sup>2</sup> Students may select up to 6.00 credits of University Transferrable courses. Please check the BC Transfer Guide for course transferability.

**<sup>3</sup> First year science requirements**

Students need to complete twelve credits of first year sciences in **three** of the four subject areas (Biology, Chemistry, Math, Physics) in order to graduate from Human Kinetics.

**Program Completion Checklist**

In order to graduate, a student must [apply for graduation](#) online and meet the following criteria, as outlined in the University's [Graduation Policy](#).

<input type="checkbox"/> Yes	<input type="checkbox"/> No	Meet <b>Residency</b> Requirements: 50% of courses completed at CapU
<input type="checkbox"/> Yes	<input type="checkbox"/> No	A <i>minimum</i> <b>CGPA of 2.00</b> is required for graduation from all credentials
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Complete program requirements within a <b>reasonable timeframe</b> : <ul style="list-style-type: none"> <li>• 2-year program: all program requirements must be completed <i>within 5 years</i></li> </ul>

**Academic Advising:**

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Visit: Birch 230

<b>Notes:</b>